

Key Stage 3 Curriculum Map 2019-20

Term 2

Subject: Physical Education		Year Group: 9		
Week/Date	Boys	Girls	Key Skills	Home Learning/Recommended Reading
1-6 Jan 5 th -Feb 13 th	<ul style="list-style-type: none"> • Athletics 	<ul style="list-style-type: none"> • Athletics 	<ul style="list-style-type: none"> • Athletics- Pupils will replicate running, jumping and throwing skills and learn specific techniques for events. In all athletic activity, pupils will engage in performing skills in relation to speed, height and distance. Some of the events include High Jump, Long Jump, Sprinting, Middle Distance, Relay Race and Shot Putt. 	<ul style="list-style-type: none"> • Research rules and coaching points of athletics events and watch YouTube videos for perfect model ready for Sports Day. • http://www.britishathletics.org.uk/
7 Feb 16 th -20 th	Mid Term Break			
8-10 Feb 23 rd -12 th March	<ul style="list-style-type: none"> • Rounders 	<ul style="list-style-type: none"> • Rounders 	<ul style="list-style-type: none"> • Rounders - In this unit pupils will demonstrate timing and fluency in the replication of techniques for batting, bowling and fielding. Pupils will work on improving the skill of outwitting opponents. In striking and fielding games, players achieve this by striking the ball so that fielders are deceived or avoided, and then running between wickets or around bases to score runs. Pupils should be able to accurately score & officiate games. 	<ul style="list-style-type: none"> • http://www.roundersengland.co.uk/ • Research rules and coaching points of rounders and watch YouTube of England Rounders videos for the perfect model, analysing skills, technique and tactics.

<p>11-12 March 15th – March 26th (continuing into term 3)</p>	<ul style="list-style-type: none"> • Badminton 	<ul style="list-style-type: none"> • Invasion Games 	<ul style="list-style-type: none"> • Badminton - In this unit pupils' knowledge and understanding will be extended to successfully officiate and play both singles and doubles. This unit will also provide a platform for potential school team players and GCSE candidates and to provide increased leadership opportunities. • Invasion Games- Attacking & Defending, passing and receiving principles. 	<ul style="list-style-type: none"> • https://www.badmintonengland.co.uk/homepage.asp • Research rules and coaching points of badminton and watch YouTube videos for the perfect model.
---	---	--	--	--

UAE Links across the term

Within the PE department, we are encouraging students to be more aware of the Islamic values and to gain a deeper understanding of how they can be demonstrated in their PE lessons and Sport.

We use a 'values point' system that encourages students to consider how their opponents demonstrated Islamic values within a game setting, rather than just focusing on the score of the match. Students can gain points for demonstrating different values throughout the activities we offer and our aim is for them to make connections with the wider community, linking sporting examples to everyday life scenarios.



Positive PE Postcards

When students demonstrate their understanding of an Islamic value either through sporting activities in PE or in extra-curricular activities, we reward them with 'Positive PE Postcards'. The postcards are a reward for our students when they exhibit their understanding and practical application of an Islamic value.